# Towards fully biobased porous polymer materials obtained from 3D-printed biomass-derived hydrogels

Luis Andrés Pérez<sup>1</sup>, Jorge Mercado Rico<sup>1</sup>, Adrian Esteban-Arranz<sup>1,2</sup>, Antonio Capezza<sup>3</sup>, Rebeca Hernández<sup>1</sup>

1. Institute of Polymer Science and Technology ICTP-CSIC, Juan de La Cierva 3, 28006, Madrid, Spain

2. Department of Pharmacy and Nutrition, Faculty of Biomedical and Health Sciences, Universidad Europea de Madrid, Calle Tajo s/n, Villaviciosa de Odon, Madrid 28670, Spain 3. Department of Fibre and Polymer Technology, KTH Royal Institute of Technology, Teknikringen 56, SE-100 44, Stockholm, Sweden















Environmental concerns over fossil-based superabsorbent polymers have driven the search for bio-based alternatives<sup>1,2</sup>. Bio-based hydrogels derived from proteins and polysaccharides offer sustainable options, combining biodegradability with functional gelation and absorption properties<sup>3,4</sup>. This work explores the tailoring of porous structures derived from biomass-based hydrogels by dispersing a protein (BSA) into an alginate matrix, followed by calcium crosslinking and processing through 3D gel extrusion printing and freeze-drying. The study reveals critical formulation and crosslinking relationships influencing final properties, aiming to assess these systems' potential to rival synthetic absorbents in single-use applications.

# 2. METHODOLOGY

### **Bio-based ink preparation**

Bioink was prepared by dissolving BSA in water, followed by sodium alginate dispersion. The resulting solution was crosslinked with calcium chloride to form a stable hydrogel encapsulating the protein.

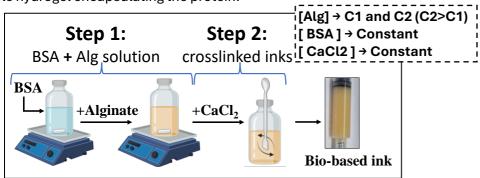


Figure 1. Schematic representation of bio-based ink preparation from alginate and BSA.

## Porous Hydrogel Structures via 3D Printing

Scaffolds were fabricated using bio-based inks via 3D printing, followed by freezing at two rates: slow freezing at -20 °C and rapid freezing in liquid nitrogen (–195 °C). Porous structures were obtained through subsequent freeze-drying.

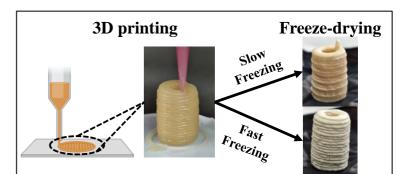
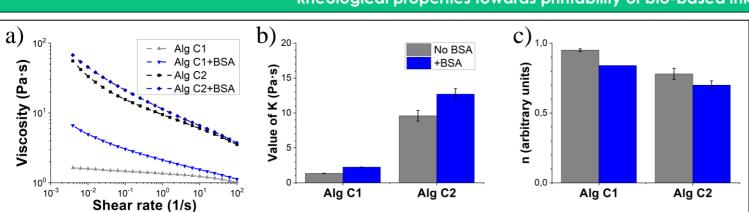


Figure 2. Formation of 3D-printed porous structures using gel extrusion and freeze-drying.

#### 3. RESULTS

## Rheological properties towards printability of bio-based inks



Viscosity flow curves (viscosity vs. shear rate) were fitted using the Power Law model.

$$\eta = K \dot{\gamma}^{n-1}$$

Higher alginate content and BSA addition increase viscosity and enhance shear-thinning behavior. At high shear rates, two viscosity plateaus appear, varying with concentration.

Figure 3. Rheological characterization of alginate-BSA mixtures: (a) viscosity vs. shear rate, (b) consistency index (K), (c) flow index (n).

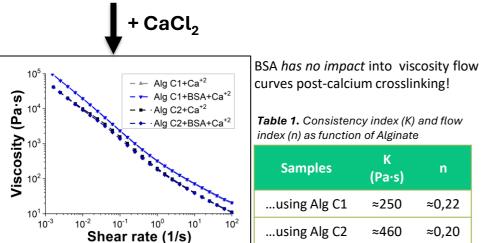


Figure 4. Viscosity curves after calcium crosslinking of alginate-BSA inks.

All samples exhibit a strong shear-thinning behavior. Higher alginate concentration leads to increased viscosity.

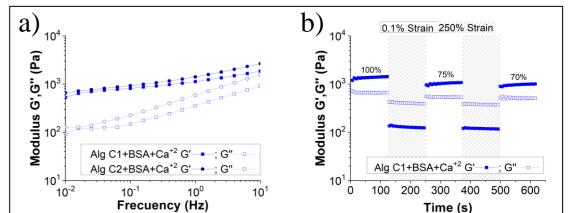


Figure 5. Viscoelastic properties of BSA containing inks: a) moduli vs. frequency, (b) recovery after highstrain deformation.

The viscoelastic moduli show clear frequency dependence, reflecting the dynamic nature of ionic crosslinking. Similar G' values across samples suggest that calcium concentration plays a dominant role over alginate content. Recovery tests indicate ~75% modulus recovery, pointing to partial structural restoration after shear.

# Liquid absorption of 3D printed bio-based porous structures

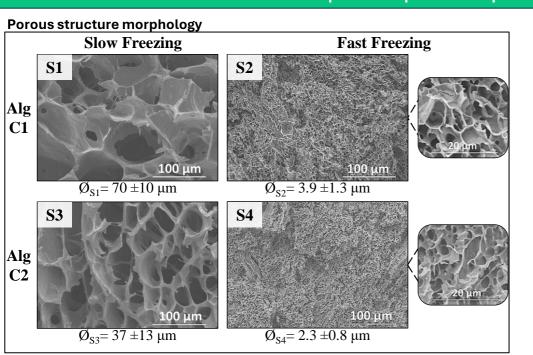


Figure 6. SEM images of BSA containing freeze-dried scaffolds

1. Yang, Y. et al. (2024) 'Research Advances in Superabsorbent Polymers', Polymers, 16(4).

Carbohydrate Polymer Technologies and Applications, 1(September), p. 100014.

extrusion printing and drug release. Polymer (Guildf). 298, (2024)

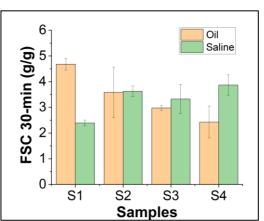
Higher solid content slightly reduces pore size due to increased sample density. Rapid freezing results in smaller pores by promoting greater ice nucleation.

3. Niu, C. et al. (2024) 'An eco-friendly versatile superabsorbent hydrogel based on sodium alginate and urea for soi improvement with a synchronous chemical loading strategy', Carbohydrate Polymers, 327(December 2023), p. 121676

Liquid absorption The free swelling capacity (FSC) was ensured as the liquid uptake after 30 min, calculated from the sample's dry (W<sub>d</sub>) and wet (W<sub>f</sub>) weights.

$$FSC = \frac{W_f - W_d}{W_d} [g/g]$$

Absorption was tested using two model liquids: a polar solution (0.9 wt% saline) and a non-polar liquid (rapeseed oil).



Oil absorption increases with larger pores in low solid, slow-frozen samples (S1), reaching 4.7 g/g. For saline, no clear correlation to morphology is seen, but higher solid content (S3, S4) appears to improve absorption

Figure 7. Absorption capacity of scaffolds in rapeseed oil and saline solution

# 4. CONCLUSIONS

- 3D-printed porous bio-based scaffolds were successfully fabricated using alginate and BSA bio-based compounds.
- BSA addition increases viscosity and enhances shear-thinning in uncross-linked inks, but shows minimal impact after calcium crosslinking Frequency-dependent moduli and ~75% recovery after shear suggest dynamic, partially reversible ionic crosslinking dominated by calcium content
- Higher solid content and rapid freezing reduce pore size. Oil absorption benefits from larger pores, while saline uptake improves with higher solid content

# **REFERENCES**

# **ACKNOWLEDGMENTS**

This research was financially supported by the projects M-ERA. NetCOFUND2023 2. Qureshi, M.A. et al. (2020) 'Polysaccharide based superabsorbent hydrogels and their methods of synthesis: A review PCI2024-153508 funded by MCIU/ AEI/10.13039/501100011033.

# **Contact information**

4. Hernandez-Sosa, A. et al. Composite nano-fibrillated cellulose-alginate hydrogels: Effect of chemical composition on 3D Luis Andrés Pérez. lperez@ictp.csic.es